



## Shropshire County Netball Performance Pathway

### Strength & Conditioning Lead Coach Vacancy

*Join us and help shape the future of netball – one pass, pivot, and goal at a time.*

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Shropshire County Netball Performance Pathway is recruiting a **Strength & Conditioning Lead Coach** to work across our Shropshire County Performance Academies, which form part of England Netball's Roses Pathway.

We're looking for a motivated, knowledgeable, and enthusiastic S&C professional to lead the physical development of our pathway athletes (U13 to U15). This is a fantastic opportunity for an ambitious coach looking to make a tangible impact on youth athlete development within a supportive and dynamic environment. As the S&C Lead, you will design and deliver age-appropriate physical preparation programmes, optimise performance, and educate young athletes on robust movement mechanics and injury prevention.

The role will be required from **September 2026**. Training base is at **The Langley Academy Netball Centre, Dawley, Telford**. Sessions take place every 3 weeks for 2 hours on Sundays, with potential for additional tournaments or workshop support.

#### Key Responsibilities

- **Design and deliver** progressive, age-appropriate S&C programmes for the Performance Academy squads (focusing on fundamental movement skills, strength, speed, and agility).
- **Support players' physical development** in line with England Netball's Roses Pathway guidelines and growth/maturation stages.
- **Lead physical testing and monitoring**, providing actionable feedback to players, parents, and netball coaching staff.
- **Foster a positive, safe, and inclusive training environment** that champions long-term athletic development.
- **Educate athletes** on injury risk reduction, warm-up protocols, recovery strategies, and lifestyle factors.
- **Collaborate closely with the technical netball coaching team** to integrate physical preparation seamlessly into the overall pathway strategy.



## What We're Looking For

- **A genuine interest** in youth athlete development and a passion for shaping the physical foundations of young netballers.
- **Strong knowledge** of youth physical development, growth, maturation, and injury prevention strategies.
- **Reliable, enthusiastic, and highly effective** at engaging and motivating young people.
- **Excellent communication and teamwork skills**, with the ability to translate complex S&C concepts into youth-friendly coaching.
- **Previous experience** coaching S&C in a youth sport or pathway environment (desirable).
- **Must be 18 years or older** and hold (or be working towards) a relevant degree in Sports Science/S&C, or a recognised S&C qualification (e.g., UKSCA, CIMSPA, or equivalent).

## Qualifications Required / To Be Undertaken:

- Relevant S&C qualification or sports science degree
- Current First Aid qualification (essential)
- Safeguarding Certificate (essential)
- DBS check through England Netball (essential)

## Remuneration

This role will be paid at **£20 per hour** on a self-employed basis.

## How to Apply

To apply, please send your CV, named references, and a short cover letter explaining why you'd like to lead our S&C provision to Shropshire Performance Netball: [scna.performance@gmail.com](mailto:scna.performance@gmail.com) by **June 28th 2026**.

For more information about our programme, visit the **Shropshire County Netball** website.

For an informal discussion or further questions, please contact: Shropshire Performance Academy at [scna.performance@gmail.com](mailto:scna.performance@gmail.com).